


RISK ASSESSMENT

LOCATION/ACTIVITY/ISSUE BEING ASSESSED:	Team Tasks and Games – Dinton Activity Centre		
SERVICE/TEAM:	Countryside Service		
NAME OF ASSESSOR(s):	Mike Bennett		
DATE OF ASSESSMENT:	11 Dec 25		
DATE FOR REVIEW:	Dec 26		
APPROVED BY:	Signature:	Date: 03/03/26	
			
	Name: Gemma Wilford		

SUMMARY (* delete as appropriate)	
Risk level without additional controls:	HIGH / MEDIUM / LOW
Additional control measures required:	YES / NO
Risk level with additional controls:	HIGH / MEDIUM / LOW

What are the significant hazards?	What could go wrong? Who could be harmed and how?	What is being done to control the risks?	Amendment notes
Manual handling including dropping of items	<p>Anyone could be harmed due to poor lifting technique, Lifting/carrying something that is too heavy or by having the equipment dropped on them.</p> <p>When carrying long items such as the wooden poles they may swing and hit others.</p> <p>There is a further risk presented in tasks like spiders web when lifting other participants.</p>	<p>Participants should be supervised by leaders</p> <p>Leaders to ensure participants are trained on correct lifting & carrying procedures.</p> <p>When lifting people through the spider's web, great care must be taken and hand placements considered. Support head and shoulders on higher lifts. Two-person minimum lift rule. Participants to be lifted through web feet first.</p> <p>Helmets to be worn for spiders' web.</p>	

		<p>Clear briefings given, understanding checked.</p> <p>Carry in pairs, work together to hold logs in place.</p> <p>Challenge to match the age and ability of the group.</p> <p>Everyone to wear closed toed footwear.</p>	
Slips, trips, falls, grazes and injury	<p>Anyone can be affected by Slips, trips, falls and injury. Any equipment left lying around poses a risk.</p>	<p>Everyone to wear closed toed footwear and long hair or loose jewellery to be secured.</p> <p>Instructors/Leader should ensure all equipment is stored appropriately before and after the session to prevent a trip hazard.</p> <p>Activity areas to be selected for suitability of the particular activities away from additional hazards e.g., guidelines of the climbing wall or mole hills all pose as trip hazards.</p> <p>First aid kit & first aider on site.</p> <p>Helmets to be worn for spiders' web.</p>	
Entrapment	<p>Injury or distress caused by becoming entrapped in equipment e.g., Commando Joes Cargo nets</p> <p>Commando Joe's Storage Trunk lid could cause trapped hands or fingers when closing</p> <p>Participants Staff</p>	<p>When using cargo nets for crawling under they must either be held down by other participants/staff or secured in a way they can be quickly released</p> <p>Participants advised on how to crawl under the net safely.</p> <p>Staff inducted on use of the box. Participants shown how to open and close the trunk safely</p>	

<p>Commando Joe's Equipment</p>	<p>Injury from projectiles</p> <p>Injuries from high octane activities and games in the Activity Hall</p> <p>Equipment used incorrectly e.g., canes as swords</p>	<p>Soft balls are used in games requiring projectiles to reduce injury and participants briefed to use them in a controlled manner.</p> <p>Participants warned that the game stops if horse play arises and any participant who cannot adhere to the rules will be removed from the activity.</p> <p>High octane games are constantly monitored by instructors.</p> <p>Closed toe footwear worn by participants for maximum grip and reduce trips and slips.</p>	
<p>Extreme Weather</p>	<p>Anyone can be harmed by the effects of extreme weather from high winds causing things to blow over and fall on people or the risk of lightning strikes.</p>	<p>Participants should seek shelter in the case of strong winds, electrical storms, heavy rain.</p> <p>Take extra care after periods of cold or wet weathers of slippery surfaces.</p> <p>Be cautious after high winds of trees and branches that may have loosened.</p>	
<p>Equipment Failure</p>	<p>Instructors/leaders and participants can be harmed by the failure of equipment. It can fall onto people, cause people to fall off or cause and entrapment hazard</p> <p>Participants Staff.</p>	<p>All equipment chosen for the activities must be checked prior to the start of an activity.</p> <p>Any construction should be checked by the instructor prior to adding weight or use.</p> <p>Knot work checked.</p> <p>Long hair or loose jewellery to be secured.</p>	

Wildlife/ Animal faeces	Animal faeces can make anyone ill. There is also a risk of bites and stings.	Wash hands after activity and be vigilant when kneeling on the ground that there are no animal faeces. Instructor to check area conditions before use and amend location where needed or possible. Instructors/Leaders should be made aware of any allergies to bites or stings and relevant medication to be carried by staff/participant/guardian as appropriate.	
Soft Apparatus	Even when using what appears to be soft apparatus – foam tiles, carpet squares, bean bags if the equipment is misused it can cause harm. When using ropes may cause rope burn, whips or trips.	Dynamically risk assess each game / challenge and ensure a safety briefing is carried out. Leader to brief group on correct use of equipment.	

REVIEWS AND REVISIONS					
Review date	Name of Assessor	Is assessment still valid?	If not, list adjustments with details of who will action and by when	Approved by Manager	Date of next review
Feb 2020	Nicola Dennis	Yes		Tanya Lee	Feb 2021
March 2021	Sophie Wooldridge	Yes	Updated references to COP's	Jack Walling	Feb 2022
Feb 2022	Nicola Dennis	Yes	Updated references to COPs	Jack Walling	March 2023
Feb 2023	Isabel R.S.	Yes		Richard Ashwell	March 2024
Jan 2024	Mike Bennett	Yes	No Changes	Richard Ashwell	March 2025
Dec 2024	Mike Bennett	Yes	Reviewed with no changes	Mike Bennett	Dec 2025