

GUIDE TO CHOOSING ACTIVITIES

FOR YOUR SESSION AIMS



	PERSONAL CHALLENGE	ADVENTURE	ADQUIRE SKILLS FOR LIFE AND ACTIVIT Y SKILLS	CONFIDENCE AND SELF-ESTEEM	SOCIAL AWARENESS	ENRICHMENT DAYS	TEAM WORK	LEADERSHIP	COMUNICATION	PROBLEM SOLVING	ENVIRONMENTAL AWARENESS	RISK AWARENESS	FITNESS, CORE MOVEMENT SKILLS, ACTIVE LIFESTYLE	CROSS-CURRICULAR LEARNING	ACCESSIBILITY
ARCHERY	X	X	X	X		X				X		X	X	X	😊😊
BUSHCRAFT	X	X	X	X	X	X	X	X	X	X	X	X		X	😊😊
NAVIGATION AND ORIENTEERING	X	X	X	X		X	X	X	X	X	X		X	X	😊😊
PIONEERING	X		X		X	X	X	X	X	X		X		X	😊😊
TEAM CHALLENGES	X	X	X	X	X	X	X	X	X	X				X	😊
CLIMBING	X	X	X	X	X	X	X		X	X		X	X	X	
ABSEIL	X	X		X		X				X		X	X		
HIGH ROPES	X	X		X	X	X	X		X	X		X	X		
ZIP WARE	X	X	X	X		X				X		X			
SAILING	X	X	X	X		X	X		X	X	X	X	X	X	😊
CANOE	X	X	X	X	X	X	X	X	X	X	X	X	X	X	😊
RAFTED CANOES	X	X		X	X	X	X	X	X	X	X		X	X	😊
KAYAK	X	X	X	X		X	X	X	X	X	X	X	X	X	😊
PADDLEBOARDING (SUP)	X	X	X	X		X					X	X	X	X	
GIANT SUP	X		X	X	X	X	X	X	X	X	X	X	X	X	😊
RAFT BUILDING	X	X	X		X	X	X	X	X	X		X		X	
ENVIRONMENTAL EDUCATION	X		X		X	X				X	X	X		X	😊

www.wokinghamcountryside.co.uk
 0118 934 4424
dintonactivitycentre@wokingham.gov.uk
facebook.com/dintonpasturescp

